



# time out.

a women's wellness series.

*Workshop #1 : Flattery Battery!  
Presented by Seamless Clothing Consulting*

## RECHARGE YOUR FLATTERY BATTERY!

This fun, interactive workshop will uncover Seamless' top tips for building your most

FASHIONABLE, FUNCTIONAL and FLATTERING

professional and casual wardrobe!

Topics include:

Body shape basics that make the most of your personal shape

Choosing your wardrobe investment pieces

Building the most affordable, long lasting wardrobe

Finding high quality pieces at low prices

Figure flattering give-aways!

*Educational, energizing, empowering AND entertaining!*

[www.flatterybattery.com](http://www.flatterybattery.com)

October 30, 2007 : Cocktails 6:00, Program 6:30- 7:30 PM

Frivolous Cottage, 620 Loudon Road, Latham

RSVP by October 27 to [seamless@nycap.rr.com](mailto:seamless@nycap.rr.com)



simple solutions to building your best self.